

## STEPHANIE K DENTISTRY

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Welcome to our 1st Quarterly Edition of the Stephanie K Dentistry Newsletter. Our goal is to keep you informed, up to date on services we offer, and educate you on new services. We hope you enjoy and welcome any comments and questions you may have after reading.

—Dr. Kethcart, Jackie, Diane & Judy

# invisalign®

### DID YOU KNOW?

**Crowded teeth can lead to gum disease. Gum Disease is a contributing factor to systemic health issues such as:**

- Heart disease
  - Diabetes
- Elevated cholesterol
- Respiratory disease
- Preterm, low birth weight babies

**Straighter teeth can lead to:**

- Healthier gums, making it easier to brush & floss.
- Easier cleanings. When teeth are properly positioned, the chances of plaque retention, tooth decay, and gum disease are reduced
- Decreased risk of trauma & abnormal wear. Properly aligned teeth are less stressful on bone, teeth, and joints and provide better function.

[www.invisalign.com](http://www.invisalign.com)

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See this newsletter and other information about the office on our webpage:

[www.stephaniekdentistry.com](http://www.stephaniekdentistry.com)

### Attention:

- Insurance Benefits: Your benefits may be expiring at the end of 2009. Please call (602) 279-1641 to ask how we can help you maximize your remaining benefits
- Health Savings Plan: Let us know how we can help you plan for 2010. We would be happy to provide pre-estimates of benefits for planning.
- Accepting New Patients: We are always accepting new patients and appreciate referrals from our existing patients. We take this as a huge compliment!

# Services You May Not Know Our Office Provides

## LASER TREATMENT

Look for our email surveys after your dental visit. We welcome your feedback to continually improve our services.

- ***Decontamination:***

We use the laser in areas of deep gum pockets to decontaminate and remove toxic bacteria, and help shrink pockets to control gum disease.

- ***Treatment of Canker Sores:***

We use the laser to treat the nerve endings so you do not feel the pain or irritation when eating or drinking.

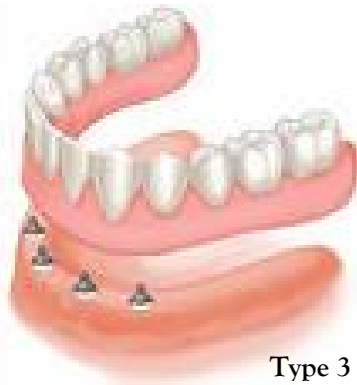
- ***Removal of Excess Gum Tissue:***

Excess gum tissue can be removed or reshaped to make it easier to keep your crowns or veneers clean as well as removing traumatic bumps on your cheeks or tongue. The laser also can be used on gums to provide an accurate impression for our local dental lab to make crowns and veneers. Call us with any questions you may have regarding our soft tissue laser.

## What is an Overdenture?

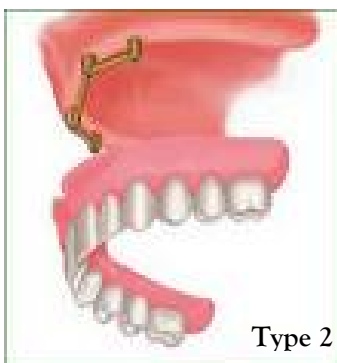
An overdenture is a prosthesis or denture that is held in place by implants. Overdentures come in many different configurations such as:

- Denture secured directly to implants & cannot be removed from the mouth (Type 1)
- Denture can snap on and off a bar that is secured to implants (Type 2)
- Denture snaps directly on & off of implants (Type 3)



Type 3

You or someone you know may have dentures (and you may not even know it), or may be a great candidate to have implants placed to help assist or support the dentures.



Type 2

The advantages for implant assisted or supported dentures:

- Preserve bone and fit of denture
- Provide stability for denture
- Eliminate rocking, losing suction, having to use adhesive goop
- Provide improved quality of life
- Changes the food you eat
- Increases confidence in speaking & eating

## Care To Share?

If you care to share the gift of dental health with someone you know and care about, please use the following card.

We take referrals as a large compliment of your trust and confidence in our office. We grow because of wonderful patients like yourself and those you choose to share your knowledge with.

Thank you for your continued support!

—Dr. Kethcart, Jackie, Diane & Judy


**DR. KETHCART'S CARE TO SHARE**

Our practice would like to take this opportunity to thank you for your commitment to health and wellness. If there is someone in your life that you Care to Share the gift of health with, please tell them about us and share this referral card with them as a way of saying *"I care about you"*.

In appreciation of each referral given, a *\$30 care to share credit* will be given to each, and can be used on the dental care service of your choice. Remember to sign your name below so that we know whom to thank. We look forward to growing throughout the years with more patients like you.

***Redeem this \$30 care to share credit toward dental services of your choice***

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New Patient's Name                      Referred by

  
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